

In This Issue:

1. New Listserv Moderators
2. Summary of Annual General Meeting
3. Funding Endeavours
4. Website Coming Soon!
5. Net-tiquette Reminders
6. Tip of the Month

Volume 2, Issue 1
Summer 2003

This is the second in a series of seasonal newsletters, from the *Canadian Thyroid Cancer Support Group (Thry'vors) Inc.* Your comments and suggestions are most welcome. Please direct your comments to the Listserv Committee Chair, at thryvors@sympatico.ca



Thry'vors welcomes a new slate of officers

Donations gratefully accepted and acknowledged with a receipt for tax purposes:

Canadian Thyroid Cancer Support Group (Thry'vors) Inc.
PO Box 23007
550 Eglinton Avenue West
Toronto, ON
M5N 3A8



Annual General Meeting 2003

Thry'vors is an incorporated non-profit group. As such, we hold an Annual General Meeting each year (all members welcome). This year the meeting was held in Toronto on May 31, 2003. Despite concerns about SARS, we had a very successful day. In addition to holding the AGM in the morning, we also had a general meeting, and three speakers presented in the afternoon. We then headed off for a nice dinner in a nearby restaurant. The directors of the *Canadian Thyroid Cancer Support Group (Thry'vors) Inc* are:

Rita Banach	(Toronto)	President/Director
Nancy Williams	(Oakville)	Vice-President/Director
Dianne Dodd	(Ottawa)	Past-President /Director
Grace Wright	(Toronto)	Secretary -Treasurer / Director
Theresa de Jeu	(London)	Director
Jim Johnston	(Charlottetown)	Director
Deborah Langdon	(Wasaga Beach)	Director
Kimberly McNally	(Kingston)	Director
Diane Patching	(Dundalk)	Director
Beth Rajnovich	(Halifax)	Director

The minutes of the two meetings and notes from all three speakers are now posted in the file section of the listserv. Visit: <http://groups.yahoo.com/group/Thryvors/files/>

New Listserv Moderators

The Thry'vors listserv has grown by leaps and bounds since we started in February 2002. It is moderated by a group of volunteers, including Patricia Sharkey who is the chair of the Listserv Committee. We welcome Nancy Williams and Donna Murray, who join the existing committee of Lynda Murtha, Kim McNally, Beth Rajnovich Diane Patching and Rita Banach.

Funding Endeavours

Thry'vors has applied to the Ontario Trillium Foundation for funding primarily to support the design and production of Thry'vors brochures and booklets. These printed resources are intended for doctors' distribution to their patients, especially the newly diagnosed, to help those in need of information and support about Thyroid Cancer (and we all remember what that was like!). We should hear from Trillium by the end of August.

Website Coming Soon!

With the careful and generous attention of our own Beth Rajnovich and her partner Chris, we will soon have our very own Thry'vors website. Many of the articles posted in the files section of the Listserv will be re-vamped for our new public presence on the internet. We look forward to the completion of this project – expected in September 2003.

Net-tiquette Reminders

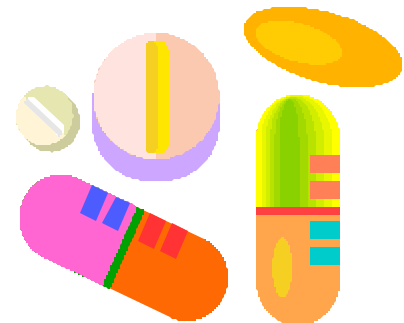
Remember – we love your listserv posts, but please edit the message you're responding to so that it contains only the specific sentences relevant to your response.

Personal messages like "I'll call you later" are best sent directly to the person's own e-mail address, rather than via the listserv

Please remember to sign your name to your posts. Your location, and a brief history is helpful too if you don't mind sharing it.

Tip of the Month

In the hot summer weather, remember not to leave your levothyroxine (Synthroid, Eltroxin, etc.) in your car, as the heat diminishes the potency of the tablets. You may want to only take as many pills (plus a few more) as you'll need over the course of your time away from home, and discard any remaining pills when you get home, if you can't avoid the heat while you're away.



Keep your hormone replacement pills out of the heat

We will soon have our very own Thry'vors website.

This newsletter is provided seasonally by the Thry'vors Listserv committee. Comments and suggestions welcome at thryvors@sympatico.ca